

Youth

First Place: Sydney Ann McCoy, Apex

Tropical Thai Spam Salsa

12 oz. can Spam light, diced into small cubes
1 can crushed pineapple including juice
3 Tbsp. Thai sweet chili sauce
1 cup yellow corn
1 cup diced strawberries
1 cup black beans, drained
1 cup green zucchini, diced
1 cup red onion, diced
¼ cup cilantro, diced

Dice Spam and marinate over night with pineapple juice.

In a non-stick pan, sauté Spam in pineapple juice with Thai Sweet Chili Sauce.

In a bowl, combine corn, pineapple, strawberries, black beans, zucchini, red onion and cilantro and sautéed Spam.

Chill in the refrigerator for a few hours.

Serve with chips or crackers.

This recipe is easy to prepare, low in cost and full of your daily nutritional needs.